

## Manifesto – Male Welfare Officer

Hi, I'm Giles, a 3<sup>rd</sup> Year PhD student studying nuclear energy, and I'm running for Male Welfare Officer. Graduate life can be tough at times and I think it's vital that everyone has someone they can turn to for help, advice or just a chat. Mental health is one of the key issues for a Welfare Officer, and something that I think men can perhaps find harder to talk about. Therefore, I think it's really important that we have an Officer who can facilitate this. Whilst I don't have much previous experience in similar roles, I've been a student here for quite a while, so I think I have an awareness and understanding of some of the issues that graduate students, and men in particular, may be facing.

I do have previous experience on an undergraduate student committee so I feel I'd be able to work well, both with the other Welfare Officers in providing for the welfare needs of every member of the MCR, and more generally with the MCR Committee as a whole. If elected, I'd be an enthusiastic and committed member of the committee. I'd want to ensure everyone feels there is someone they can turn to, and that as Welfare Officers, we can provide useful and meaningful solutions to people's welfare issues.